

10K OCR POLICE CHALLENGE LEIRIA

Resultados Generales: ELITE

Date: 17 Jun 2018

Pos	DORSAL	NAME	POS GENDER	MIN /KM	EQUIPA	TIEMPO OFICIAL	TANDA
1	61	JOSÉ FILIPE MOREIRA SILVA	1	4:50		00:48:24	ELITE M
2	31	LUIS MARTINS	2	4:52	OCR Police Challenge Team	00:48:42	ELITE M
3	174	GONÇALO SILVA	3	4:57	No Pain Box	00:49:33	ELITE M
4	173	FILIPE ANTUNES	4	5:00	No Pain Box	00:50:00	ELITE M
5	34	TIAGO DUARTE	5	5:08	SPALD ginásios	00:51:20	ELITE M
6	198	LUÍS SANTOS	6	5:13	Viriatos	00:52:10	ELITE M
7	168	PAULO SOUSA	7	5:17	No Pain Box	00:52:52	ELITE M
8	156	RUI CANELAS	8	5:26	SPALD ginásios	00:54:21	ELITE M
9	53	PEDRO GONÇALVES	9	5:32	EcoVegan	00:55:25	ELITE M
10	26	BRUNO FREIRIA FERNÁNDEZ	10	5:46		00:57:48	ELITE M
11	58	JOSÉ VIDAL	11	5:48		00:58:06	ELITE M
12	94	RICARDO GASPAR	12	5:53		00:58:58	ELITE M
13	85	RUI LOUREIRO	13	6:04	DM / Desportos de Montanha	01:00:41	ELITE M
14	138	OSVALDO HORTA	14	6:28		01:04:44	ELITE M
15	143	MARCO FRANCISCO	15	6:37	Monsanto Running Team	01:06:17	ELITE M
16	86	PAULO RODRIGUES	16	6:39	OCR Portugal LAB	01:06:33	ELITE M
17	64	JOÃO COENTRÃO	17	6:54	ESR	01:09:08	ELITE M
18	142	RICARDO PORTUGAL	18	7:11	OCR Police Challenge Team	01:11:58	ELITE M
19	42	LORENA GONZÁLEZ MIRA	1	7:28		01:14:46	ELITE F
20	88	SÉRGIO RAMOS	19	7:34	OCR Portugal LAB	01:15:41	ELITE M
21	87	BRUNO CARRIÇO	20	8:05	SPALD ginásios	01:20:59	ELITE M
22	149	BRUNO FARIA	21	8:16	Wild Runners /Silves	01:22:41	ELITE M
23	197	JOÃO SANTOS	22	8:34	Esquadrão + Fit ocr team	01:25:48	ELITE M
24	72	FILIPE LOPES	23	8:41	45Cfs	01:26:52	ELITE M
25	56	HELDER RODRIGUES	24	8:47	OCR Police Challenge Team	01:27:50	ELITE M
26	20	TOMÁS ALMEIDA CURADO TAPUADA	25	8:57	Arrábida Obstacle Runners	01:29:32	ELITE M
27	175	CARLOS PINHO	26	9:32	CrossFit AlphaDen	01:35:22	ELITE M
28	92	PEDRO PALMA	27	10:04	OCR Portugal	01:40:49	ELITE M
29	77	BRUNO SARAIVA	28	10:10	Gesinserde Team	01:41:46	ELITE M
30	135	VALTER MAÇÃ	29	10:18	Ekma	01:43:04	ELITE M
31	191	PEDRO ANDRÉ BRITO ALEIXO	30	10:20	Arrábida Obstacle Runners	01:43:20	ELITE M
32	136	EMANUEL INÁCIO	31	10:33	L'itfit Viseu	01:45:37	ELITE M
33	101	MIGUEL VALIDO	32	10:57	OCR Portugal LAB	01:49:34	ELITE M
34	193	FRANCISCO FERNANDES	33	11:20	B.T.M.	01:53:29	ELITE M
35	52	JOÃO BRANCO	34	12:11	OCR Portugal LAB	02:01:58	ELITE M
36	181	PEDRO MARQUES	35	12:35	CrossFit AlphaDen	02:05:57	ELITE M
37	195	RICARDO REGO	36	13:10	B.T.M.	02:11:43	ELITE M
38	114	SAMUEL MARGARIDO	37	15:41	OCR Portugal LAB	02:36:54	ELITE M
39	117	SERGIO MADEIRA	38	18:35	Crossfit 244	03:05:56	ELITE M
0	119	HUGO LEAL		19:49	Crossfit 244	03:18:15	ELITE M
0	120	RICARDO SOUSA		19:49	Crossfit 244	03:18:15	ELITE M
0	121	JOHNNY CARVALHO		19:49	Crossfit 244	03:18:16	ELITE M
0	124	AMÂNDIO CARAPINHA		10:14	Clube Desportivo Ribeirense	01:42:26	ELITE M
0	125	ANTÓNIO PALMEIRA		10:15	Clube Desportivo Ribeirense	01:42:38	ELITE M
0	126	RUI PARROCHINHA		12:19	Clube Desportivo Ribeirense	02:03:16	ELITE M

Pos	DORSAL	NAME	POS GENDER	MIN /KM	EQUIPA	TIEMPO OFICIAL	TANDA
0	128	RENATO FIGUEIREDO		11:47	Panamá lover's	01:57:58	ELITE M
0	131	PEDRO MARQUES		19:49	Crossfit 244	03:18:16	ELITE M
0	132	PEDRO CASTRO		11:20		01:53:27	ELITE M
0	102	FRANCISCO BENTO			Desportos de Montanha		ELITE M
0	103	GONÇALO VALENTE		11:23		01:53:54	ELITE M
0	104	FILIFE MARTINS			wolf1422		ELITE M
0	105	DANIEL BARROS		10:06		01:41:06	ELITE M
0	106	PAULO CALMEIRO		15:20		02:33:24	ELITE M
0	107	DAVID GASPAR		19:49	Crossfit 244	03:18:15	ELITE M
0	108	RUI LISBOA		19:49	Crossfit 244	03:18:15	ELITE M
0	109	PAULO CONCEIÇÃO		19:49	Crossfit 244	03:18:16	ELITE M
0	110	HELDER DOMINGOS		14:59	DM	02:29:54	ELITE M
0	111	TIAGO GONÇALVES		12:39	GNR Viseu	02:06:39	ELITE M
0	112	JOSÉ CARVALHO		14:01	BearCave Trail-OCR	02:20:12	ELITE M
0	79	ALEXANDRE RESENDE		18:02	Gesinserde Team	03:00:22	ELITE M
0	80	TIAGO LOPES		18:02	Gesinserde Team	03:00:23	ELITE M
0	81	TELMO MATOS		18:02	Gesinserde Team	03:00:23	ELITE M
0	83	PAULINO GIL DE SOUSA		10:44		01:47:20	ELITE M
0	84	HUGO MAGALHAES		21:02	Alameda de Ruaes N47 Mire de T	03:30:28	ELITE M
0	74	CRISTIANO SILVA		15:02	Dragon Police	02:30:23	ELITE M
0	75	RICARDO OLIVEIRA		11:13	Gesinserde Team	01:52:16	ELITE M
0	76	ELIAS JUSTUS		11:22	Gesinserde Team	01:53:42	ELITE M
0	93	VITOR SILVA					ELITE M
0	89	VALTER ANDRADE		11:26	Crossfit Viseu Box	01:54:23	ELITE M
0	91	MARIAN RACHITA		8:47	Titanes Madrid	01:27:52	ELITE M
0	63	DIOGO SILVA		11:56		01:59:26	ELITE M
0	57	IGOR COSTA		17:21		02:53:31	ELITE M
0	65	DIOGO FILIPE SOARES		11:56		01:59:26	ELITE M
0	66	RODRIGO TEIXEIRA		12:49		02:08:15	ELITE M
0	67	NEUTON MARQUES		16:57	ATLÉTICO CLUBE MARINHENSE	02:49:30	ELITE M
0	69	PEDRO RODRIGUES		11:47		01:57:59	ELITE M
0	23	RICARDO FERNANDES		16:48	Fundo Social dos Bombeiros Sapê	02:48:06	ELITE M
0	24	DIOGO BOTELHO		16:48	Fundo Social dos Bombeiros Sapê	02:48:06	ELITE M
0	27	RICARDO JORGE COSTA		10:16	Tonsai-Bio Fátima	01:42:43	ELITE M
0	54	RAFAEL NEVES		11:52	OCR Portugal LAB	01:58:42	ELITE M
0	55	NUNO MONTEIRO		14:19	Crossfit Montijo	02:23:19	ELITE M
0	33	RAFAEL SOUSA		18:11	OCR Police Challenge Team	03:01:59	ELITE M
0	35	MARCO MENDES		12:33		02:05:33	ELITE M
0	36	RUI CRUZ		10:09	Mesh Nazareth	01:41:35	ELITE M
0	37	JOAO VITOR MIRANDA		10:25	OCR Police Challenge Team	01:44:19	ELITE M
0	40	FRANCISCO JOSÉ CUNHA		11:49		01:58:14	ELITE M
0	41	PEDRO MARQUES			CPM		ELITE M
0	44	PEDRO MESQUITA		15:02	Dragon Police	02:30:25	ELITE M
0	46	JOÃO QUEIRÓS		15:02	Dragon Police	02:30:23	ELITE M
0	47	LISANDRO TOMÁS		15:02	Dragon Police	02:30:23	ELITE M
0	49	JOAO EUFÉMIO		11:37	Crossfit Montijo	01:56:11	ELITE M
0	50	BRUNO SILVA		14:20	Crossfit Montijo	02:23:20	ELITE M
0	1	RUI COSTA		12:48	HILTI OCRA PT	02:08:01	ELITE M
0	2	RICARDO GONÇALVES		15:10		02:31:45	ELITE M
0	5	NUNO BÓIA		10:15		01:42:38	ELITE M

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0	6	JOÃO MONTEIRO		13:31	JRP	02:15:12	ELITE M
0	7	EZEQUIEL REIS		13:52		02:18:47	ELITE M
0	9	MIGUEL FERNANDES		12:31	OCR Police Challenge Team	02:05:17	ELITE M
0	11	RENATO ALEXANDRE		13:31	JRP	02:15:12	ELITE M
0	13	PAULO OLIVEIRA		13:31	JRP	02:15:12	ELITE M
0	16	SÉRGIO SALGADO		10:18	Ekma	01:43:04	ELITE M
0	17	NUNO GONÇALVES		20:23	RUNCROSSTRAIL	03:23:58	ELITE M
0	115	RICARDO GONÇALVES			Crossfit 244		ELITE M
0	116	VITOR SANTOS		9:58		01:39:41	ELITE M
0	96	ALEJANDRO PINHO		18:02	Gesinserde Team	03:00:24	ELITE M
0	137	JORGE MARQUES		12:09	Lobo Solitário	02:01:39	ELITE M
0	139	DAVID TORRES		12:30		02:05:00	ELITE M
0	140	RUI SILVA		14:57		02:29:31	ELITE M
0	160	ABEL LARANJEIRO		19:49	Crossfit 244	03:18:16	ELITE M
0	162	JOSE MELATO		21:14	OCR Portugal LAB	03:32:20	ELITE M
0	163	RUI ALEXANDRE FERNANDES		12:47	OCR Portugal LAB	02:07:54	ELITE M
0	164	DANIEL ALMEIDA		9:52	OCR Portugal LAB	01:38:44	ELITE M
0	165	PAULO GASPAR					ELITE M
0	166	TIAGO CARVALHO		12:53	L'itfit Viseu	02:08:56	ELITE M
0	167	PAULO A. LOPES		6:58	OCR Portugal	01:09:48	ELITE M
0	176	FILIPE CARVALHO		12:58	CrossFit AlphaDen	02:09:40	ELITE M
0	177	MANUEL WEBER		9:12	CrossFit AlphaDen	01:32:02	ELITE M
0	178	MARCELO OLIVEIRA		12:58	CrossFit AlphaDen	02:09:42	ELITE M
0	179	ANTONIO PIRES		12:57	CrossFit AlphaDen	02:09:39	ELITE M
0	145	CLÁUDIO LOUREIRO LOUREIRO		11:20	Canisport	01:53:27	ELITE M
0	147	FRED LISBOA		17:29	CrossFit Leiria	02:54:59	ELITE M
0	151	NUNO MARTO		19:49	Crossfit 244	03:18:16	ELITE M
0	154	BRUNO PAZ		19:49	Crossfit 244	03:18:16	ELITE M
0	155	DIOGO CASEIRO		14:40		02:26:47	ELITE M
0	169	FILIPE GUERTAS		8:59	No Pain Box	01:29:54	ELITE M
0	170	MARIO FALACHO			No Pain Box		ELITE M
0	171	MAURO SILVA		8:57	No Pain Box	01:29:36	ELITE M
0	172	LINO PINTO			No Pain Box		ELITE M
0	196	JOSÉ MACHADO		11:42		01:57:05	ELITE M
0	182	GUILHERME NEVES		12:39	CrossFit AlphaDen	02:06:37	ELITE M
0	183	DAVID SILVA		12:35	CrossFit AlphaDen	02:05:54	ELITE M
0	186	PAULO RENATO PEREIRA		10:48		01:48:05	ELITE M
0	187	BRUNO LOUSA		12:58	CrossFit AlphaDen	02:09:40	ELITE M
0	189	RUI ALBERTO BERNARDO		11:12	Arrábida Obstacle Runners	01:52:08	ELITE M
0	190	LUÍS MIGUEL CORREIA		9:22	Arrábida Obstacle Runners	01:33:43	ELITE M
0	199	JOSÉ MARQUES		5:37	Viriatos	00:56:12	ELITE M
0	200	FILIPE ALMAS			Viriatos		ELITE M
0	12	HELENA ALMEIDA		16:53		02:48:57	ELITE F
0	18	DENISE PEREIRA		13:08	RUNCROSSTRAIL	02:11:29	ELITE F
0	19	INÊS CALVINHO DE OLIVEIRA		9:54	Arrábida Obstacle Runners	01:39:03	ELITE F
0	25	ANA BOTAS		21:11	ATLÉTICO CLUBE MARINHENSE	03:31:55	ELITE F
0	30	JOANA SILVA		9:14	OCR Police Challenge Team	01:32:28	ELITE F
0	32	RAQUEL FERREIRA		19:44	OCR Police Challenge Team	03:17:23	ELITE F
0	60	ANNA ROCHA		14:48	JAVALIS	02:28:05	ELITE F
0	82	HELGA SILVA		16:31	Gesinserde Team	02:45:19	ELITE F

Pos	DORSAL	NAME	POS GENDER	MIN /KM	EQUIPA	TIEMPO OFICIAL	TANDA
0	97	NÍDIA MARTINS		16:43	Gesinserde Team	02:47:19	ELITE F
0	98	CLÁUDIA VARANDAS		16:38	Gesinserde Team	02:46:23	ELITE F
0	99	TÂNIA GANÇO		16:39	Gesinserde Team	02:46:30	ELITE F
0	100	NATASHA PLANAS			OCR Portugal LAB		ELITE F
0	118	SUSANA MARTINS		18:31	Crossfit 244	03:05:12	ELITE F
0	122	DIANA CARPINTEIRO		19:55	OCR Portugal LAB	03:19:16	ELITE F
0	123	CARLA MENDES		18:31	Crossfit 244	03:05:11	ELITE F
0	129	MARIANA SILVA		13:52		02:18:41	ELITE F
0	130	SARA CARVALHO		16:43	Gesinserde Team	02:47:19	ELITE F
0	133	GISELA PINHAL		15:59	OCR Portugal LAB	02:39:56	ELITE F
0	134	MARIA AFONSO		18:31	Crossfit 244	03:05:12	ELITE F
0	141	TERESA SILVA		16:03		02:40:34	ELITE F
0	146	ALINA PALADI		16:12	OCR Portugal LAB	02:42:00	ELITE F
0	150	OLGA SILVA		18:31	Crossfit 244	03:05:12	ELITE F
0	157	ANGELA RAMALHO		15:55		02:39:11	ELITE F
0	158	SOFIA LISBOA		18:31	Crossfit 244	03:05:11	ELITE F
0	161	FILIPA YANEZ		19:55	OCR Portugal LAB	03:19:16	ELITE F
0	180	ANA DORES		17:50	CrossFit AlphaDen	02:58:23	ELITE F
0	194	DIANA FERREIRA		11:27	B.T.M.	01:54:39	ELITE F